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Do not burn yourself out. Be a reluctant enthusiast...a part time crusader, a half-hearted fanatic. Save the other half of yourselves and you live for pleasure and adventure. It is not enough to fight for the land; it is even more important to enjoy it, while you can, while it is still there. So get out there and ski, ride, bike, hike, boat, sail and mess around with your friends, ramble out yonder and explore the forests, encounter the grizz, climb the mountains, bag the peaks, complete a desired task, read more books, kayak rivers, breathe deep of that yet sweet lucid air, sit quietly for a while and contemplate the precious stillness, that lovely, mysterious and awesome space. Enjoy yourselves, keep your brain in you head and your head firmly attached to the body, the body active and alive. Center your life around your recreation...not your work.

Find Your Line...Flow Like Water...Mold Like Water...The Power Of Water...Be Water

## How Does Your Water Flow?