



Welcome to “Bump Busters Mogul Clinic”, the first program of its kind (Professional Ski Instructors of America, Cert. Level 1,2,3 & USSA World Cup Competitive Mogul Concepts) offered to the public allowing a wonderful chance for instructors to take their passion of skiing to another level of coaching. This clinic isn’t about just bump skiing – it’s about ripping the whole mountain, it’s about having the tools to manage all terrain without the fear or intimidation, it’s about stopping, looking around, taking in the unbelievable beauty and the soul of the mountains. It’s also an opportunity to better understand yourself and the energy you hold deep inside one-self to absolutely, positively, do whatever you want on the hill and in life. Focus, work, ski and feel in the present, understand that if the present is the best that you can do, all will follow. Focus on each turn, not the run. Great turns create an awesome run, tap into the energy you’ve shaped, now own it!

“Flow Like Water...Be The Power of Water”
Karpy’s Philosophy

Moguls – Why & How

Paraphrased From Bob Barnes

Why:

Few scenarios showcase the total package of technical skiing mastery like a big, steep, natural bump field, Skill, composure and finesse in challenging terrain are hallmarks of great skiers.

How:

Ski! Relax, get into the zone, quiet your mind, and ski. This is a performance maneuver, and you will not become more skillful by over analyzing it or trying harder. Your ability to transcend “technical perfection” and appear to have fun in this terrain is part of the challenge – so make it so.

Ski a lot! There is no substitute for getting out there and putting in the miles, both in and out of the bumps. Fundamental skills must be a given, something you do not need to think about. Confidence in the terrain comes with familiarity; do not come from books, from videos or in the instructors lounge.

Search relentlessly for balance. Give yourself permission to get out of balance, it is part of bump skiing. Perhaps more than any other condition bumps are not a question of being in balance, but of aggressively seeking balance. Perfect balance may be important for perfect turns, but this run is not entirely about perfect turns. Balance is a nice luxury in bumps, well worth searching for! The ability to ski through slight imbalances is part of the maneuver.

The only way to acquire a taste for bumps is to a few. Do not be afraid to fall. Certainly, you cannot perform your best by focusing on not falling.

The 50% rule. Fifty percent of better bump skiing is to ski them better. The other 50 percent is to ski them anyway. If all your turns are “perfect”, go a little faster. If your entire run is nothing but a battle for balance, slow down a little.

Either way...have a blast!