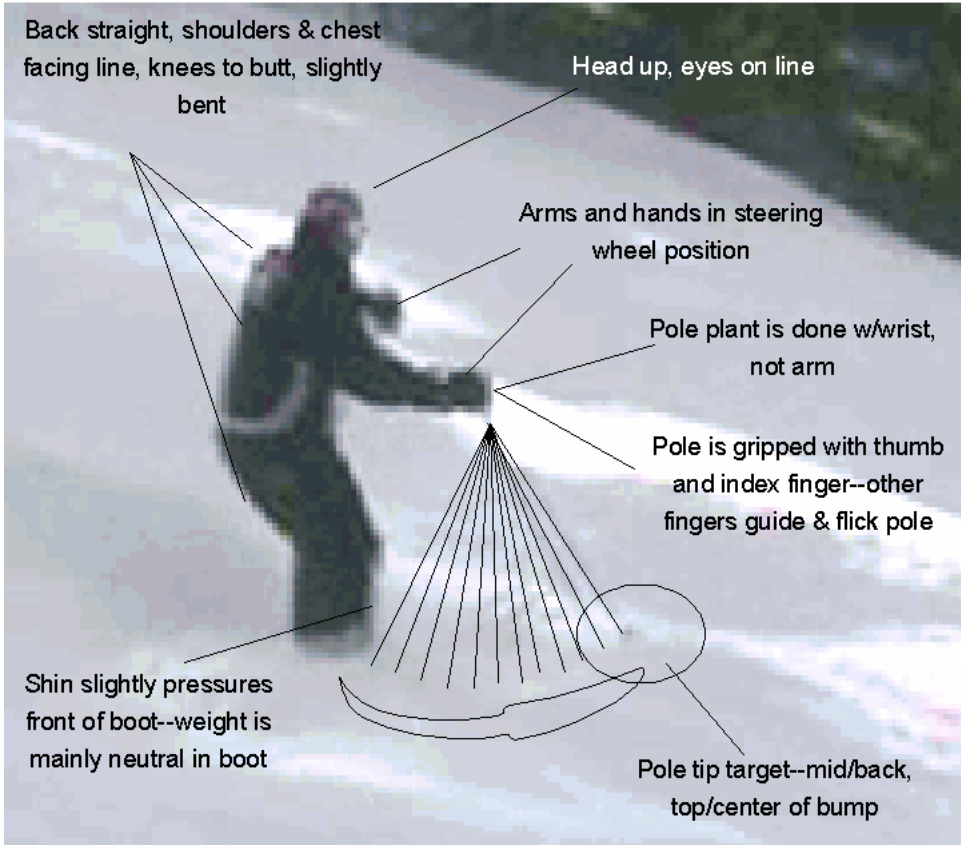




Overview of Arm, Wrist, Hand Position



*Mountains give off a ton of energy, **GET SOME!***